



# IDM BERLIN 2021

35. INTERNATIONALE DEUTSCHE  
MEISTERSCHAFTEN IM PARA SCHWIMMEN

## Hygiene Concept

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Deutscher Behindertensportverband e.V.  
National Paralympic Committee Germany

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Behinderten- und Rehabilitations-  
Sportverband Berlin

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## 1. Foreword

The Corona Virus pandemic has stopped all sports activities in the past months. With the successive lifting of the restrictions, many clubs were able to resume their training by meeting the official requirements. The next step will be to restart the competition operations, to give clubs and athletes the possibility to participate in high-quality championships.

In this context, the Behinderten- und Rehabilitations- Sportverband Berlin e.V. (BSB) has developed the following concept based on official requirements on behalf of the Deutscher Behindertensportverband e.V. (DBS) to serve the organisation of the Internationale Deutsche Meisterschaften im Para Schwimmen 2021. The concept is based on the preparatory work of the German Swimming Association for the German Swimming Championships and has been adapted for Para sport.

As the latest measures to contain the corona virus in Germany have been successful and also, the virus cannot persist in cleaned and disinfected swimming water (statement of the Federal Environment Agency of 12 March 2020), the DBS is advising the realisation of the Internationale Deutsche Meisterschaften in para swimming in the 4<sup>th</sup> quarter of 2020.

The implementation of the Internationale Deutsche Meisterschaften in para swimming is, from a sports perspective, of great importance for the DBS. In preparation for the Paralympic Games in 2021 and other international competitions, the competitive situation is an extremely important training factor for the athletes. A preparation process, e.g. for Paralympic Games, without high-quality championship situations would result in a significant competitive disadvantage.

Furthermore, in the course of the nominations for the Paralympic, Perspective, Junior and Supplementary Squad, competition results must be achieved to evaluate the performance development. Looking forward to a recurring competition, the athletes trained highly motivated despite the coronavirus pandemic and the associated restrictions. This is why, the Internationale Deutsche Meisterschaften in para swimming in Berlin also have an emotional value. Additionally, the event is important for World Para Swimming as a signal for an organised re-entry into competition operations and as an opportunity.

In addition to the *DBS-Hygienekonzepten für den Leistungssport, sowie für Klassifizierungen* and the regulations of the Federal Republic of Germany and the State of Berlin, this concept is used to organise the Internationale Deutsche Meisterschaften in para swimming 2021. Recommendations of the Robert-Koch-Institut and the guidelines of the German Olympic Sports Confederation (DOSB) have been incorporated.

The aim is to use this concept to reduce the risk of infection to a minimum for

everyone involved in the Internationale Deutsche Meisterschaften in para swimming 2021 and to ensure a safe implementation of the event with specific organisational measures that go beyond the usual level of competition organisation. **Due to the dynamic situation and the multitude of factors, an adjustment and useful addition in the course of the development of the coronavirus pandemic cannot be ruled out.** The focus lies on enabling swimming in competitions and setting the first course on the base of this concept.

## 2. Organisational measures in the competition site

This concept for the organisation and implementation of the Internationale Deutsche Meisterschaften in para swimming 2021 (IDM) is based on the implementation and compliance with the currently applicable distance and hygiene regulations. Above all, maintaining a safety distance of at least 1.50 metres between all participants at all times during the event has the highest priority.

Moreover applies:

- Athletes who suffer from symptoms of a cold are excluded from participation.
- The commitment of all those involved is voluntary. For employees and volunteers under the age of 18, a declaration of consent from a legal guardian must be submitted.
- The access to the competition venue will be coordinated with the help of a time and competition schedule.
- Spectators will not be allowed at the competition. Only people accredited will have access to the venue.
- The use of changing rooms and showers will be limited. Toilets including sinks will be available in sufficient numbers.
- In accordance with the hygiene and disinfection regulations (State of Berlin and recommendations of the RKI), sufficient water and disinfectant will be available in the entire competition area, at entrances and exits as well as zone transitions.
- A hygiene officer is appointed to monitor the process of the Internationale Deutsche Meisterschaften in para swimming 2021 in Berlin.
- It is mandatory to wear a face mask with the standard FFP2 (or equal) for all people. Athletes who are currently in the warm-up, competition or cool-down phase are excluded from that rule.
- Everyone is obligated to fill in the SARS-CoV-2 Risikofragebogen from the DOSB (appendix 4) before the competition documents and accreditations can be handed over. Otherwise the participation and entry will be prohibited.
- At the entrances to the competition site, temperature measurements are taken. In case of refusal, access will be denied.
- The competition site will be divided in different zones (appendix 1-3).
- After finishing your own competition and cool-down, you must leave the competition and preparation area immediately.
- The maximum number of 1,000 persons (including organisers, security personnel as well as event and other personnel) in the competition venue will not be exceeded. Therefore, a limit of 400 athletes will be set.
- A possible testing strategy is currently being developed. All parties involved will be informed in advance about any necessary testing in advance or on site.

### 2.1 Zone formation and definition

In order to be able to guarantee the hygiene and distance regulations, the competition site (Schwimm- und Sprunghalle im Europasportpark – SSE) is divided into four zones. The main goal is to ensure that the safety distance of 1.50 metres can be maintained at all times. The four zones of the competition site are defined as follows:

#### **Zone 1 – Foyer:**

This zone is the foyer of the SSE on level 0.

#### **Zone 2 – Grandstand:**

This includes the entire grandstand area of the SSE on level 0, which is

divided into 16 seating blocks and has a total capacity of 2,136 seats.

**Zone 3 – Preparation:**

This area includes the warm-up and cool-down swimming pool as well as the adjacent changing areas on level 0 and -1.

**Zone 4 – Competition:**

This includes the entire area around the competition and diving pool including adjacent areas.

The four main zones are subdivided into further sub-segments on the basis of organisational and competition aspects. This measure intends to equalise the main zones, to maintain the running routes and the distance and hygiene measures.

The maximum number of persons per zone is controlled by the schedule and personnel planning, taking into account the minimum distance. Access to the individual zones will be controlled.

Access to the zones is regulated by the accreditation and the schedules for classification, training and competition.

All groups are reduced to a minimum to comply with the specified upper limits. Persons whose presence is not absolutely necessary are not allowed to enter the defined zones.

## 2.2 Room planning and functional areas

When defining the functional areas, great care is taken to ensure that minimum distances and hygiene rules are always observed. The zones and the functional areas they contain are defined in such way that the number of people moving between the respective zones is kept to a minimum.

The stay of a particular group of people in a zone is kept as short as possible and as long as necessary and is based on the time and competition schedule.

The zones are physically separated from each other and a change between zones is only permitted at defined and controlled passages. The following requirements are also taken into account in the spatial planning:

- Fixed workplaces in compliance with the minimum distance and hygiene measures
- Definition of traffic routes with due regard to the minimum distance from workplaces
- Restricted admission of third parties
- No provision of meeting rooms
- Provision of an isolation room

### 2.2.1 Entrance and exit

The main entrance on level 0 is to be used to pick up the competition or accreditation documents.

After receiving the competition documents, athletes, supervisors, coaches and all other team members only use the entrance on level 0 (main entrance) as entrance and exit.

The organising committee, security staff, competition and other personnel only use the access on level -1.

Every person entering or leaving the competition site will be registered. This is mainly to ensure that the maximum number of persons admitted to the competition site is not exceeded.

### 2.2.2 Accreditation office

The accreditation is located in Zone 1 – Foyer of the competition site.

Thanks to the size and spaciousness of the foyer, it is ensured that competition documents can be handed out in compliance with the safety distance and hygiene precautions. The documents are handed out directly at the threshold of the door with the use of an infection protection system. It will therefore not be necessary for participants to enter the accreditation area.

At the current time it is being checked, among other things, whether the transmission of the competition documents can be done electronically in advance.

### 2.2.3 Registration service

The payment of the entry fee is exclusively made in advance by bank transfer. On site payments are excluded. If the transfer has not been made at the time of collection of the accreditations, a participation is not possible.

No on-site registration service will be set up.

### 2.2.4 Changing room and shower area

The changing rooms are located in Zone 3 – Preparation.

In order to ensure the safety distance, every second single cubicle will be blocked.

In the collective changing area, exact positions are determined by markings, while maintaining the minimum distance and hygiene measures to the neighbouring position and the traffic route.

The changing lockers are blocked and not in use during the entire event.

Showering is allowed in separate areas in strict compliance with distance and hygiene rules.

### 2.2.5 Classification

Classification is carried out in Zone 4 – Competition area.

A large waiting area will be set up in the vicinity of the diving pool in compliance with the distance and hygiene regulations.

Access to the classification is regulated by the schedule and hygiene rules for classification of the DBS and WPS / IPC (appendix 6 and 7). Only athletes and their coaches have access to the classification area.

At least 10 seats with a safety distance of 1.50 metres each will be installed in the waiting area.

### 2.2.6 Warm-up and cool-down area

The warm-up and cool-down takes place both in the training pool (Zone 3 – Preparation) and in the competition pool (Zone 4 – Competition area).

A temporal and spatial equalisation of the use of the warm-up and cool-down area is implemented with the help of the schedule.

Only the use of own equipment and aids is permitted.

### 2.2.7 Pre-start area

The pre-start area will be located in Zone 4 – Competition area.

The pre-start regulations of World Para Swimming will not be applied. The number of athletes and necessary supervisors in the pre-start area is limited to those starting in the next three heats.

Based on the competition schedule, the use of the pre-start area will be timed to avoid overlapping of several groups of people.

The pre-start area will be divided into several areas, each with several spaces. A safety distance of 1.50 metres will be maintained between these spaces.

The maximum number of athletes per pre-start area is 10. Necessary supervisors may accompany the athlete in need of help.



The competition staff, volunteers and judges keep a sufficient distance to the athletes. The surfaces in the seating area will be disinfected regularly.

#### **2.2.8 Sanitary and medical area**

The sanitary and medical area is set up in compliance with all distance and hygiene regulations in Zone 4 – Competition area.

Regular surface disinfection, especially after possible treatments, is ensured by the medical staff.

The medical staff works with a face mask with the standard FFP2 (or equal) and disposable gloves during every treatment.

#### **2.2.9 Doping Control Room**

The doping control room is located in Zone 4 – Competition area.

A large waiting area will be set up in the vicinity of the diving pool in compliance with the distance and hygiene regulations.

At least 10 seats with a safety distance of 1.50 metres each will be installed in the waiting area.

#### **2.2.10 Physiotherapy area**

The club's own physiotherapy is only admitted after prior registration and in an assigned area.

A minimum distance of 5.0 metres to the adjacent area must be maintained.

It is the responsibility of the clubs to comply with the rules of distance and hygiene in the area of physiotherapy and is checked in regular intervals by the hygiene officer.

#### **2.2.11 Grandstand area**

The already existing seating block layout of the grandstand will be used and applied to set up the following areas:

- Supervisor / coach area
- Athletes' waiting and common area
- Common area for (competition) staff
- Press and media representatives

The areas are set up in compliance with hygiene and distance regulations.

Seats that cannot be used are blocked to ensure the minimum distance and hygiene measures.

#### **2.2.12 Workplaces for press and media representatives**

Workstations for the press and media representatives will be set up in Zone 2 – Grandstand.

A separate area for external photographers will be set up in Zone 4 – Competition area.

The maintaining of the minimum distance and hygiene measures will be overlooked closely.

Access for press and media representatives to the competition site is granted only through the main entrance on level 0.

### **3. Stay of persons and personnel planning**

The maximum number of 1,000 persons will not be exceeded at any time within the entire competition site. Security staff as well as event and other personnel are included in the calculation. By shifting activities, the personnel planning is optimised and adapted. If possible, work areas and positions will be assigned permanently for the entire duration of

the event, in order to avoid rotation and personnel changes. The highest priority in staffing and personnel planning is above all the observance of distance and hygiene regulations.

The implementation of personnel requirements is defined as follows:

- Appointment of a hygiene officer
- Increase in cleaning staff via an external service provider
- Extension of access and transit controls
- Reduction of personnel and service providers to the absolute minimum
- Presence of a doctor and medical team

### 3.1 Static personnel planning

Persons who, within a time window, are permanently in a defined zone are recorded in the strategic personnel planning. This includes the following groups of persons:

- Competition staff
- Medical staff
- Judges
- Classifiers
- DBS and World Para Swimming
- Timekeeping
- Protocol
- Speaker / commentator
- Service providers (DJ, technicians)
- Security staff
- Volunteers
- Press and media representatives
- Photographers
- TV production
- Doping control

The exact number of people in each zone is determined for each group. This ensures the optimum use of personnel for the implementation of the competition and, above all, compliance with the distance and hygiene regulations.

### 3.2 Dynamic personnel planning

Persons who spend time in several zones within a time window and for whom a change between zones is unavoidable are taken into account in the dynamic personnel planning. These are defined as follows:

- Athletes
- Supervisors
- Coaches
- Volunteers
- Doping Control
- Organisers
- Medical staff
- Judges
- Classifiers
- DBS and WPS

Since dynamic personnel planning mainly applies to the first three groups of people the

exact number for each zone is determined and recorded on the basis of the time and competition schedule. At all times, monitoring these figures ensures that the maximum number of persons is not exceeded. The exact number of persons in the respective zone is also monitored at all times by means of an additional control and on-site recording.

## 4. Hygiene measures

For the protection of all those involved, all people working on site, participants, supervisors and other persons present undertake to comply with the hygiene measures communicated by the organiser and to carry out the necessary health checks. This also includes taking note of the rules of conduct on hygiene according to the recommendations of the Robert-Koch-Institut (RKI) and the Federal Centre for Health Education (BZgA).

All persons present at the competition site will be informed about compliance with the hygiene measures.

Compliance with the hygiene measures is monitored by the safety personnel, the medical team and the hygiene officer(s). Violations can lead to exclusion from the event. The decision to do so is made by the organiser.

The hygiene plan will be provided at relevant places in the competition site in a clearly visible manner.

The organiser reserves the right to make necessary changes to the measures on short notice.

### 4.1 General hygiene measures

The minimum distance of 1.5 metres between two persons must be maintained at all times. All participants must ensure that the minimum distance in the pool is maintained even when moving horizontally.

Physical contact must therefore be excluded (also at the pool edge of the long and short sides). Excluded from this are the necessary care services for athletes due to their impairment.

Unnecessary conversations or longer stays in the competition hall are to be avoided.

It is strongly recommended to carry disinfectants with you, especially for the use of the sanitary facilities.

Only your own drinking bottles and equipment may be used.

In case of symptoms of illness, self-isolation will be initiated immediately and the responsible event doctor will be informed. If necessary, the doctor will initiate medical measures. If necessary, the person concerned must report to the local health authority.

A regular and comprehensive disinfection of all relevant areas takes place. For this purpose, the hygiene officer will draw up a cleaning and disinfection plan, which will be communicated in all relevant areas of the competition site via displays.

No public catering will be provided on site. The organiser will only provide catering for judges, volunteers and assigned security and functional personnel. Food will be distributed in the form of packed lunches. If possible, food should be consumed on outdoor areas. The supply of drinks to all personnel necessary for the execution of the competition will be ensured by non-contact water dispensers and/or sealed deposit bottles.

The medical staff present (paramedics and doctors) will work with a face mask with the standard FFP2 (or equal), disinfectants and disposable gloves. They are responsible for hygiene in the medical premises.

The competition schedule ensures that only those persons who are absolutely necessary at the time of the competition are present at the competition site. The division into different zones regulates the distribution of persons within the competition site.

The wearing of a face mask with the standard FFP2 (or equal) is obligatory. Swimmers are excluded from this regulation during the warm-up, competition and cool-down phases.

Implementation of material requirements:

- Provision of disinfectant for hands at every transition between two zones, in the changing rooms and at all entrances and exits
- Provision of disinfectant for surfaces
- Provision of face masks with the standard FFP2 (or equal) (for the organising committee, security staff and event and other personnel)
- Provision of thermometers for entrance checks
- Provision of collection containers for waste on premises

#### 4.2 Arrival and departure

The journey to and from the competition site by public transport should, if possible, be completely avoided during the stay in Berlin.

When setting up a shuttle service for teams and/or other persons involved, all participants are obliged to wear a face mask with the standard FFP2 (or equal). Otherwise there will be no transport.

An independent arrival and departure of all persons involved is recommended. During the journey, all participants individually ensure that the generally applicable hygiene and distance rules are observed.

Upon arrival at the event site, all persons involved wear a mouth and nose mask and maintain a minimum distance of 1.50 metres.

Signs and the assigned safety and functional personnel will ensure that the rules are followed.

The distance regulations and hygiene measures must be strictly adhered to at all times.

#### 4.3 Entering and leaving the competition site

Everyone must be absolutely symptom-free when entering the competition site. This will be confirmed in writing by handing in the SARS-CoV-2 Risikofragebogens (appendix 4), which must not be older than 2 days at the beginning of the championship, when entering the competition site. The completed and signed questionnaire has to be brought along to avoid waiting times and group formation on site. If one or more questions are answered with YES or a temperature of  $>38^{\circ}\text{C}$  is measured, no access to the competition site will be granted. The questionnaires will be kept for 4 weeks and then destroyed by the organiser.

All persons will undergo a "health check" when entering the competition site and agree to follow the distance and hygiene regulations. Admission to the competition site will only be granted after successfully passing the health check.

The stay in the immediate competition area will be reduced to a minimum.

The formation of groups in front of and inside the competition site must be avoided at all costs. Therefore a delayed arrival and departure with the necessary distance rules (min. 1.5 metres) and as one-way traffic must be organised.

Visible distance markings (min. 1.50 metres) will be placed in the entrance area so that athletes do not come too close to each other when entering the sports facility.

To ensure that the entrance doors are used as little as possible, non-automatic doors should be left open. A simple wooden wedge, for example, can be used for this purpose. This does not apply to smoke protection doors and fire doors without hold-open devices with smoke detectors.

If doors cannot remain open permanently, door handles and other contact surfaces should only be handled with hand protection if possible, or hands should be washed thoroughly (at least 20 seconds with soap and water) and/or disinfected afterwards.

In order to minimise the formation of groups in the entrance area, places to linger (benches, etc.) will be removed or at least closed off.

The presence of all those involved is always documented so that in the event of an infection, the contact persons can be traced back without any gaps. The data will be kept by the

organiser for four weeks and then destroyed.

All persons are obliged to wear a face mask with the standard FFP2 (or equal) when entering the competition area (pay attention to correct putting on and taking off). Exceptions apply as follows:

- Athletes are allowed to remove the mouth and nose mask during the warm-up, competition and cool-down phases

The competition site or the event area must be left immediately after the competition and cool-down and crowds of people must be avoided.

#### **4.4 Movement within the competition site and between zones**

Special routes are signposted on site. The walking distances are reduced and kept as short as possible. It is particularly important to follow the rules of spacing at the edge of the pool. When changing between the individual zones, disinfectants will be provided by the organiser. All persons must thoroughly disinfect their hands when moving between two zones. Staircases and lifts are part of the route planning. Where possible, they are only used as 'one-way' routes. The distance rules apply in full. In the lifts, the number of users is limited according to the size of the lifts. The accesses are controlled. The time spent in the individual zones is reduced to the minimum. Stays outside the designated zones within the competition site are prohibited and will result in immediate withdrawal of accreditation.

#### **4.5 Use of the changing rooms and showers**

Participants\* should change in single cabins if possible. Between two cabins used, one cabin must be kept vacant. If this is not possible due to the space available, the distance of at least 1.5 metres between the persons in the collective changing rooms must be kept. Alternatively or in addition, temporary dividers can be installed. The use of the changing lockers is prohibited. All persons take their complete clothing and equipment with them into the swimming pool hall / recreation area. Any stay in the changing rooms must be limited to the minimum time necessary. Showering is possible in separate areas, strictly following distance and hygiene rules. A distance of at least 1.5 metres must be kept. The use of hairdryers of any kind available in the training facility is prohibited. Changing room areas are disinfected in regular intervals.

#### **4.6 Implementation of competitions**

The starting blocks are disinfected in regular intervals. If possible, athletes should not touch the dividing lines between the lanes. Exit the pool only via the sides of the pool. The exit ladders are disinfected in regular intervals.

#### **4.7 Special instructions for participants**

All participants (associations and clubs) will be provided with a recreation area in Zone 2. Access to Zone 4 - Competition area for coaches and trainers is only possible immediately before and during the competition of the athletes to be coached. The zone must be left immediately afterwards. Evaluations and discussions with the athletes or other persons that are not absolutely necessary must be conducted outside the competition area.

#### **4.8 Special instructions for competition staff**

The employment of competition staff and other personnel is exclusively on a voluntary basis. All employees, including members of a risk group, are deployed on their own responsibility. This consent must be declared in writing.

The number of competition staff will be reduced to the necessary minimum and supported by multiple deployment of individual persons.

Necessary overnight stays will be in single rooms for persons not belonging together.

Access to competition-related areas (Zone 4) will only be granted during the allocated time period.

Access to zone 4 is separated from the athletes.

Running routes are planned as short and reduced as possible and are carried out via the communicated routes. Crossing with athletes is excluded as far as possible.

Referees must thoroughly disinfect their chairs and tables each time they change position on the pool deck. Disinfectants will be provided by the organiser.

Referees must follow the rules of distance during their assignment on the pool deck. A distance of at least 1.50 metres must be kept. In situations where the minimum distance of 1.50 metres cannot be kept, a mouth and nose mask must be worn.

The recreation room for competition judges inside is located in Zone 4.

Meetings are, if possible, only held digitally in advance. No meeting rooms are provided.

If possible, breaks should be spent alone to avoid the formation of small groups. This also applies to the consumption of meals.

#### **4.9 Special information for service providers**

There will be a clear minimisation of the number of available places in zone 4. The places will be firmly allocated in accordance with the minimum distance and may not be changed.

Provisional divisions will be installed as an alternative or in addition.

Service providers may only stay in the zones designated for them. Walking distances will be kept as short as possible.

Service providers are only allowed to be at their workplaces at the previously agreed times and must leave the competition hall immediately afterwards.

Equipment used must be thoroughly cleaned and disinfected after each use.

Meetings must be held outside the competition area if possible, keeping the minimum distance. No meeting rooms will be provided.

#### **4.10 Special instructions for media representatives**

Workstations for members of the press are located in Zone 2. Disinfectants are provided. It is prohibited to set up a workplace in the competition venue outside this zone.

Press conferences will only be held digitally. Further information will be announced shortly before the event.

Interviews will only be conducted on request and in accordance with strict distance regulations. The number of interview places will be minimised, taking into account mandatory hygiene measures. There will be no designated mixed zone.

External photographers will only be allowed to stay in zone 4 for photography in an area yet to be defined. External photographers are not allowed to enter the start and turning bridge. The number of external photographers is minimised, taking into account mandatory hygiene measures.

Access for representatives of the press will not be granted without prior registration and confirmation by the organising committee. A copy of the press card must be submitted digitally in advance as proof. External members of the press without a press card will not be granted access.

Technical production rooms must be ventilated in regular intervals.

## 5. Competition organisation

The access to the competition area (Zone 4) is regulated by security and assigned function personnel.

The organiser will provide disinfection material for persons and their equipment at designated locations.

The running routes specified by the organiser must be followed in order to minimise encounter traffic.

### 5.1 Admission

Admission times are determined by the entry package and a timetable. Depending on the number of registrations, the organiser may allocate special admission times to individual clubs and associations, athletes, coaches, supervisors, competition judges and functional staff. These times will be announced at the latest on the day before the respective competition day by publication on the event website (<http://www.idm-schwimmen.de/>). If no notification is made, the admission times specified in the entry package will apply. Possible allocated admission times must be strictly followed. If this is not possible, admission is only possible with the consent of the assigned security or functional personnel at the admission control.

As far as possible, the athletes, coaches, supervisors and judges should wear their sports and/or functional clothing on admission.

The distance regulations and hygiene measures must be strictly followed at all times.

### 5.2 Accreditation

If possible, the competition and accreditation documents of the participating associations and clubs are to be collected by one representative in Zone 1. The handing over of the documents is only possible with the submission and examination of the SARS-CoV-2 Risikofragebogen, which must be completed in full by all individuals and handed over by the representative(s).

The accreditation of all other event participants such as competition staff, security personnel or volunteers is carried out individually in Zone 1. The prerequisite for this is also the submission of the SARS-CoV-2 Risikofragebogen.

Only one person per 10 sqm may stay in the accreditation area in addition to the assigned functional personnel. All persons must follow the required safety distance of at least 1.50 metres.

Information signs ensure that the minimum distance is followed, that mouth and face masks with the standard FFP2 (or equal) are worn and that hygiene measures are followed.

### 5.3 Warm-up and cool-down

Warm-up and cool-down is possible in the competition and training pool at the times specified in the announcement.

Binding schedules will be drawn up for training on the classification days, Tuesday - Wednesday (12 - 14 October), and for swimming in on the competition days, Thursday - Sunday (15 - 18 October). These plans will be drawn up after the closing date for entries. The SSE is only to be entered immediately before the start (15 minutes) of the allocated training time or warm-up.

After the end of training or cool-down the SSE must be left as soon as possible.

During the competition days athletes\* are allowed to enter the area of their team in Zone 2. The minimum distance in the water must be followed at all times. Therefore, access from both sides of the pool is regulated during training and warm-up / cool-down and the maximum number of athletes per lane is limited to 10.

All athletes individually make sure that the distance between their material and the material

of other athletes is sufficient. It goes without saying that the needs of all athletes are taken into consideration.

The organiser can adapt these regulations at short notice to suit the needs of the athletes and in accordance with federal and state regulations.

#### 5.4 Pre-start / Callroom

The pre-start area is divided into individual areas, each with several seats:

<b>Area 1</b>	Waiting area for all athletes for the next run
<b>Area 2</b>	Waiting area for all athletes of the next but one run

All athletes appear in the various waiting areas with as little clothing and aids as possible. Clothing and aids to be taken off before the start must be taken along when changing the waiting zone and when entering the starting bridge, and must only be taken off at the designated places with sufficient distance.

The zone change is carried out on the instructions of the assigned functional personnel. The same procedure is to be followed when starting from the turning side.

#### 5.5 Competition

The athletes will enter the starting bridge, keeping the minimum distance, after the end of the previous run and after the athletes have left the competition pool. The regulations for this area also apply in full to coaches who are in Zone 4 as assistant due to the athletes' impairment.

The athletes line up immediately behind the starting block and prepare for the start.

The judges will take their places as prescribed by the competition rules and will keep their individual minimum distance to other judges and the athletes.

Due to the standard width of 2.5 metres for one lane, it is not necessary to leave every second lane vacant.

All judging on the start and turnaround side will be done uniformly from the right hand side of the starting block when looking towards the competition pool.

The starting blocks are regularly disinfected during the course of the competition.

Irrespective of this, athletes can individually disinfect the starting block immediately before their start. The organiser will provide suitable disinfectants for this purpose.

At the end of a run, athletes leave the pool and leave the starting block with their clothes off. The route guidance on site must be followed. As soon as this is done, the following run will be directed to the starting bridge.

The use of "basket children" is not permitted. The athletes must take their personal belongings with them in a personal bag.

#### 5.6 Functional areas at the pool edge

There will be closed-off functional areas for function personnel and referees in Zone 4. Here too, the rules of distance and hygiene must be followed. The organiser will provide suitable disinfection material for temporary workplaces.

Special rules apply to the appointed speakers of the event: At least 1.50 m distance in all directions, personal disinfection material for tables, technical equipment and bodies, personalised microphone (passing on is not permitted).



### **5.7 Award ceremonies**

The medal winners as well as the honouring persons must wear a face mask with the standard FFP2 (or equal).

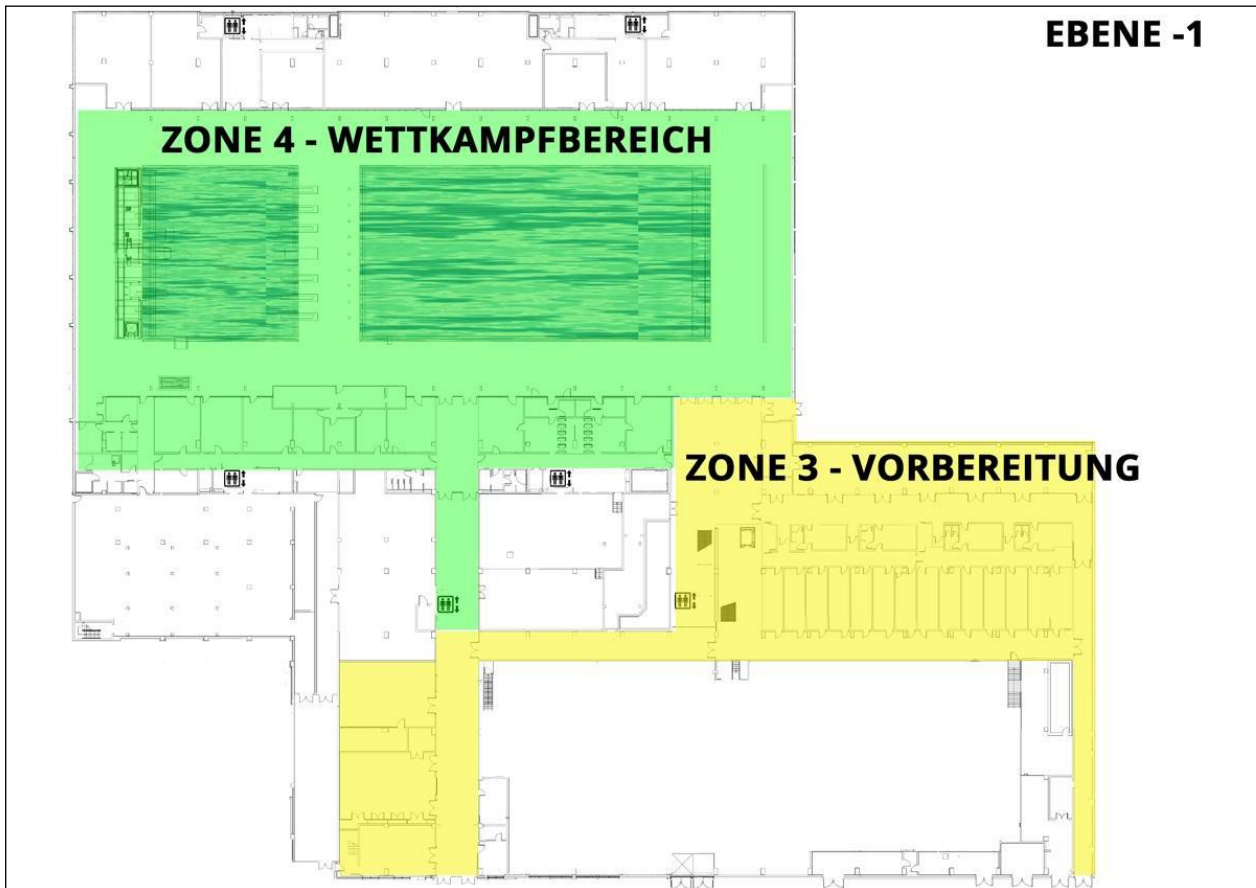
No shaking hands and/or hugging before, during or after the honorary ceremony by athletes or functional staff.

Joint pictures of the medal winners are only permitted if a minimum distance of 1.5 metres is strictly kept. The mouth and nose mask can be removed briefly during this phase.

The medals are placed on a pad by the function personnel following the hygiene regulations. This can be done with gloves or prior hand disinfection, for example. If possible, the athletes take their medal off the pad and hang it around their neck to minimise contact between the functional staff and the athletes.



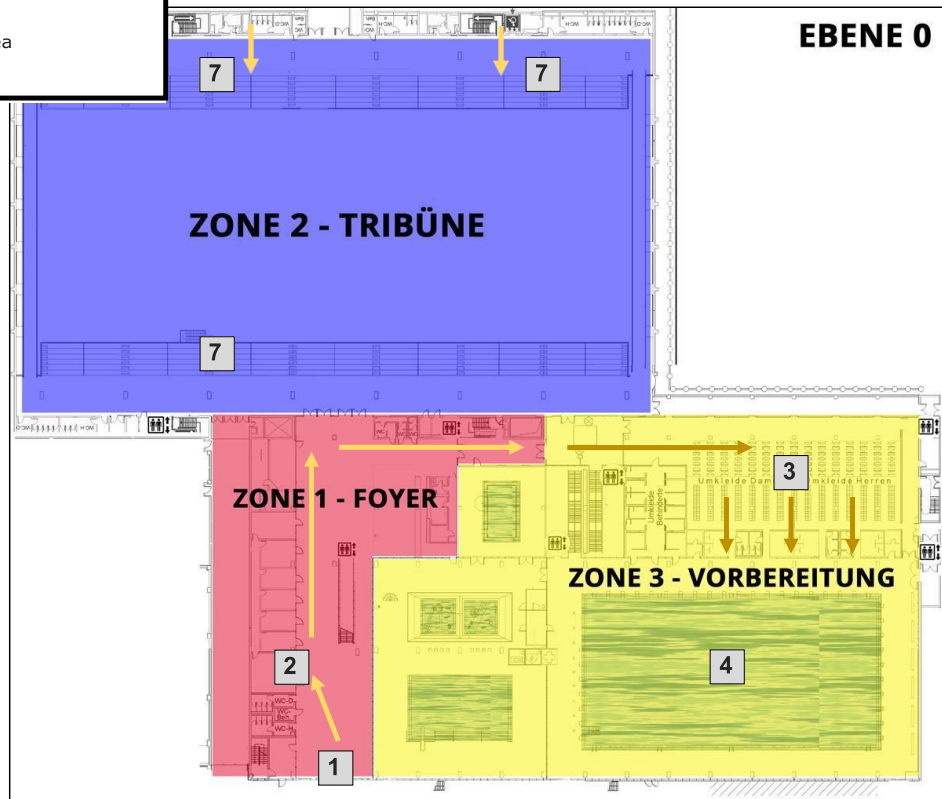
## Appendix 2 – Zone 3 and 4 of the competition site



## Appendix 3 – Running routes

### Legende

- 1 = Health check
- 2 = Accreditation
- 3 = Changing rooms
- 4 = Warm-up and cool-down
- 5 = Call room
- 6 = Pre-start area
- 7 = Waiting area



## Fragebogen SARS-CoV-2 Risiko

Wir sind derzeit dazu verpflichtet, Kontaktdaten und Aufenthaltszeiten unserer Besucher zur Ermöglichung des Monitorings der Corona-Pandemie zu dokumentieren.

Bitte tragen Sie ihre Kontaktdaten in das folgende Formular ein. Die Daten dienen der Rückverfolgbarkeit nach der aktuellen CoronaSchVo, um im Fall einer Infizierung mit dem Coronavirus SARS-CoV-2 sämtliche Personen der Gesundheitsbehörde benennen zu können.

Sollten Sie mit der Erfassung dieser Daten nicht einverstanden sein, dürfen Sie die Schwimm- und Sprunghalle im Europa Sportpark, Berlin zu dieser Veranstaltung leider nicht betreten. Der Unterzeichner versichert mit seiner Unterschrift, dass die Daten Korrekt angegeben wurden. Folgekosten aus inkorrekt Angabe werden auf den Unterzeichner umgelegt.

### Zweck der Rechtsgrundlage der Verarbeitung

Die Datenerhebung erfolgt zum Zweck der Rückverfolgbarkeit von Infektionskrankheiten im Zusammenhang mit dem Coronavirus SARS-CoV-2.

### Übermittlung von Daten an Dritte

Eine Übermittlung der o.g. Daten erfolgt nur an das zuständige Gesundheitsamt zu den o.g. Zwecken. Ihre Daten werden ausschließlich auf Grundlage der o.g. Rechtsgrundlagen an Dritte weitergegeben. Sie werden ausdrücklich nicht für Werbezwecke verwendet.

### Dauer der Speicherung

Die Daten werden 4 Wochen ab dem Zeitpunkt ihres Besuchs bei uns gespeichert. Anschließend werden Sie ordnungsgemäß vernichtet.

**Das Hygienekonzept für die IDM Para Schwimmen habe ich zur Kenntnis genommen und akzeptiert.**

### Personenbezogene Daten:

Name:	<i>Vorausgefüllt anhand Meldung</i>	Vorname:	<i>Vorausgefüllt anhand Meldung</i>
Geb.-Jahr:	<i>Vorausgefüllt anhand Meldung</i>	Funktion:	<i>Vorausgefüllt anhand Meldung</i>
Verein:	<i>Vorausgefüllt anhand Meldung</i>		
Adresse:		Telefon:	

**Bitte wenden....**

**Kontaktrisiko-Evaluation**

	Ja	Nein
Hatten Sie Kontakt zu einem bestätigten SARS-CoV-2 Fall innerhalb der letzten 14 Tagen ?		
Bestand in der Vergangenheit die Anordnung einer behördlichen Quarantäne im Zusammenhang mit SARS-CoV-2 ?  Wenn ja, bitte Datum des Ablaufs der Anordnung angeben: ____ . ____ . ____		
Waren Sie innerhalb der letzten 14 Tage außerhalb Deutschlands ?  Wenn ja, bitte aufführen wann und wo:		

**Symptomevaluation**

<b>Bitte beantworten Sie die Fragen zur aktuellen klinischen Symptomatik! (bitte berücksichtigen Sie den Zeitraum der letzten 14 Tage)</b>	Ja	Nein
Fieber		
Allgemeines Krankheitsgefühl, Kopf- und Gliederschmerzen		
Husten		
Dyspnoe (Atemnot)		
Geschmacks- und/oder Riechstörungen		
Halsschmerzen		
Rhinitis (Schnupfen)		
Diarrhoe (Durchfall)		

**Mit der Unterschrift bestätige ich, die Richtigkeit meiner Angaben und das die Teilnahme an der Veranstaltung auf Freiwilligkeit basiert. Ich erkläre mich damit einverstanden, die bestehenden Regelungen und Verfahrensweisen zu den Hygienemaßnahmen im Zusammenhang mit der IDM Para Schwimmen einzuhalten und dafür Sorge zu tragen. Im Fall einer Infektion oder des Verdachts auf eine COVID-19-Infektion, wird der DBS keine unmittelbaren oder mittelbaren Folge- oder Zusatzkosten übernehmen, die aus der Teilnahme resultieren.**

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Unterschrift, bei Minderjährigen Unterschrift des gesetzlichen Vertreters