Streckenangebot für die IDM 2019

	Startklasse S / SB / SM														
Wettkampf	1	2	3	4	5	6	7	8	9	10	11	12	13	14	AB
50m F															
100m F															
200m F															
400m F															
800m F															
50m B															
100m B															
200m B															
50m R															
100m R															
200m R															
50m S															
100m S															
200m S															
150m L															
200m L															
400m L															
4x50m L															
4x50m F															
4x100m L															
4x100m F															